

【盛りつける食器】(大)→大皿 (小)→小皿 (わ)→おわん



Main menu table with columns for Date, Day, Dish Name, Description, Energy, Protein, Fat, Salt, and Points. Includes special days like 'Hinamatsuri' and 'Disaster Day'.

【今月の給食目標】

自分の食事をふり返ろう



「♥」がついている献立は、給食ポストにリクエストがあったメニューです。

Menu table for the month of March, including dates 16, 17, and graduation days, with dish names and nutritional information.

Summary table for March: 3月の平均値 (Average for March) and 栄養量の基準値 (Nutritional Reference Values).

※食材料等の都合により、献立を変更する場合があります。



3月11日は『防災の日』です

Text block about the March 11th disaster day, explaining the significance and providing information on disaster preparedness and relief efforts.



～給食の1年間を振り返って～

Summary of the school year's nutrition, including statistics on food waste (残菜) and a list of requested dishes (リクエスト).

ひなまつり

Text about Hinamatsuri (March 3rd), mentioning the 'Peach Branch' (桃の節句) and the health and happiness of girls.