



【今月の給食目標】

清潔な環境で食事をしよう



※食材料等の都合により、献立を変更する場合があります。

【盛りつける食器】(大)→大皿 (小)→小皿 (わ)→おわん

Main table of school lunch menus with columns for date, menu name, ingredients, energy, and points.

Table of daily lunch menus from 21st to 31st, including nutritional values and points.

Summary table for 'Chicken Birafu' (チキンピラフ) with average nutritional values.



さやごと出回る 春が旬のグリーンピース

Text explaining the benefits of peas and green peas, and how to use them in cooking.

Text about the goal for the month: 'Clean environment for eating' and instructions for hand hygiene.

- Instructions for handwashing: ①ゆびとゆびの間 ②手のこう ③つめのあたり

